

FOR IMMEDIATE RELEASE

August 2026

New Book from IMPACT Offers Practical Guide to Navigating Modern Life Through Biblical Wisdom

Understanding and Applying the Principles of Godly Living by Dr. Lois Harmon
Equips Readers to Put Biblical Principles into Practice

KENNEWICK, WA – IMPACT is pleased to announce the release of *Understanding and Applying the Principles of Godly Living*, a new book by Christian author, speaker, and IMPACT founder Dr. Lois Harmon. The book provides readers with a practical, accessible guide for strengthening their faith, deepening their relationship with God, and applying biblical principles to the realities of everyday life.

In a world characterized by shifting standards, competing values, and increasingly complex challenges, *Understanding and Applying the Principles of Godly Living* offers an actionable roadmap for Christians seeking to live according to God's Word. Dr. Harmon breaks down biblical principles into practical applications, helping readers understand how Scripture can guide their decisions, relationships, priorities, and daily routines.

The book encourages readers not simply to know God's Word, but to apply it in ways that produce meaningful spiritual growth and transformation.

"Living a life of faith isn't just about reading Scripture on Sundays; it's about making conscious, God-honoring decisions in our everyday moments," says Dr. Lois Harmon. "My goal with this book is to give readers the practical tools they need to stay grounded and experience true spiritual growth."

BOOK DETAILS

Title: *Understanding and Applying the Principles of Godly Living*
Author: Dr. Lois Harmon
Publisher: IMPACT
Genre: Christian Non-Fiction / Spiritual Growth
Formats: Paperback book, eBook & Audiobook
Availability: Available for purchase on **Barnes & Noble** and available as an audiobook on **Spotify**.

ABOUT THE AUTHOR

Dr. Lois Harmon is a dedicated Christian author, speaker, and the CEO and Founder of IMPACT. She is passionate about equipping individuals with the biblical tools needed for impactful, faith-based living. She is also the author of the widely praised previous book, *Pursuing Purpose*, which is available on Amazon and Barnes & Noble.

Learn more at www.loisharmon.com.

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REVIEW COPIES

Digital review copies are available upon request for journalists, reviewers, bloggers, and other members of the media. ###

"His divine power has given us everything we need for a godly life" (2 Peter 1:3; NIV)

DR. LOIS HARMON

Author of *Pursuing Purpose*



UNDERSTANDING & APPLYING

Principles of Godly Living

ABOUT THE BOOK

Understanding and Applying the Principles of Godly Living is designed for Christians who desire to move beyond simply learning biblical principles to intentionally incorporating them into their everyday lives.

The book addresses the importance of biblical thinking, godly decision-making, spiritual discipline, and living with purpose. Through practical guidance grounded in Scripture, readers are encouraged to develop a stronger spiritual foundation and cultivate a life that reflects their relationship with God.

Whether readers are beginning their faith journey or seeking to deepen an established relationship with Christ, the book provides practical insights that can be applied to everyday circumstances.

ABOUT IMPACT

IMPACT is committed to sharing the uncompromising, life-changing truths of God's Word to help people connect with Christ and cultivate a relationship with Him through biblical thinking and living. Through its content, products, and services, IMPACT seeks to invest in the spiritual well-being of individuals while glorifying God and edifying people.